

Download Bmw E90 Manual Transmission Fluid Change

The automatic transmission fluid is normally filled with lifetime fluid. BMW defines lifetime as 100,000 miles. Therefore, it is a good idea to service your fluid every 50,000 miles. Whether you follow BMW's recommended interval or like to change your oil every 3,000 miles. Use this tech article to learn how to do the most common task to do on your E90. BMW E46 DIY (Do It Yourself). For the home mechanic! BMW may say their transmissions are sealed for life and require transmission fluid change. We don't believe that claim. Our recommendation is to change the transmission fluid every 60k miles.