

Download National Cholesterol Guidelines 2013

ADA 2013 nutrition guidelines for adults with diabetes, from The National Diabetes Education Initiative (NDEI)The new cholesterol guidelines identify four major groups of patients in whom statins should be used and recommend either moderate or intense statin therapy rather than treating to a specific goal.High blood cholesterol is a condition that causes the levels of certain bad fats, or lipids, to be too high in the blood. This condition is usually caused by lifestyle factors, such as diet, in combination with the genes that you inherit from your parents.Diabetes treatment and management guidelines including insights on ADA, ADA/EASD, Endocrine Society/ENDO, ADA/Endocrine Society, AACE, and more from NDEI