

Download Your Thyroid And How To Keep It Healthy

The thyroid, located in your neck, is a large endocrine gland that regulates your metabolism. It produces two main hormones to fulfill this role. The thyroid is associated with many distinct disorders, including hyperthyroidism and hypothyroidism. Did you know a healthy thyroid gland depends on a healthy liver? Your thyroid gland produces two main hormones: T4 (also called thyroxine) and T3 (also called triiodothyronine). **THYROXINE (T4) REPLACEMENT.** Hypothyroidism can't be cured. But in almost every patient, hypothyroidism can be completely controlled. It is treated by replacing the amount of hormone that your own thyroid can no longer make, to bring your T4 and TSH levels back to normal levels. Located at the base of the throat, the butterfly-shaped thyroid gland releases hormones that affect every organ in the body—especially the heart. Too...